



LEARN MORE ABOUT THE NENOOS METHOD

NENOOS is a comprehensive method that works simultaneously the two cerebral hemispheres. It promotes the students' overall development focusing on their intellectual, physical, emotional and creative potential.

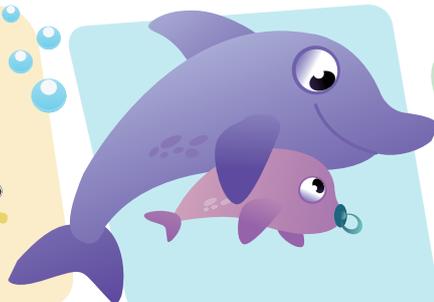
NENOOS pioneers in Spain the view of the full development of intelligence as in three dimensions: MIND+BODY+EMOTION. Our methodology uses effective tools and innovative activities for the development of these three dimensions through active individual and group work.

Three different channels result from our methodology: NENOOS 360, NENOOS INTELLIGENT LEISURE and BABY NENOOS. In addition, we continue to work to open a new channel soon: SMART NENOOS.



NENOOS 360

is a program focused on the workout of skills and personal development.



BABY NENOOS

Innovative and fun early stimulation method for children from 0 to 3 years old.



INTELLIGENT LEISURE

is our commitment to free time, with workshops designed for the development of imagination, creativity and the acquisition of new learning using innovative materials of great pedagogical value.

Our three channels constitute powerful stimulation tools and provide a multiplying and lasting effect on the intellectual development of our students.

In order to get a complete and successful implementation of our methodology, we rely on highly qualified teachers who are subject to continuous quality controls so as to be able to provide students with an open and cooperative relationship and the opportunity to experience, discover and create their own goals and objectives, with the aim of achieving continuous learning and development.



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Objectives of the nenoos method. Student's Profile

NENOOS reaches specific objectives through the scheduled and progressive training and the development of skills, abilities and competences that allow the student to have flexibility of thought, creativity and capacity for reflection about their reality and values.

More specifically, we pursue the following objectives:

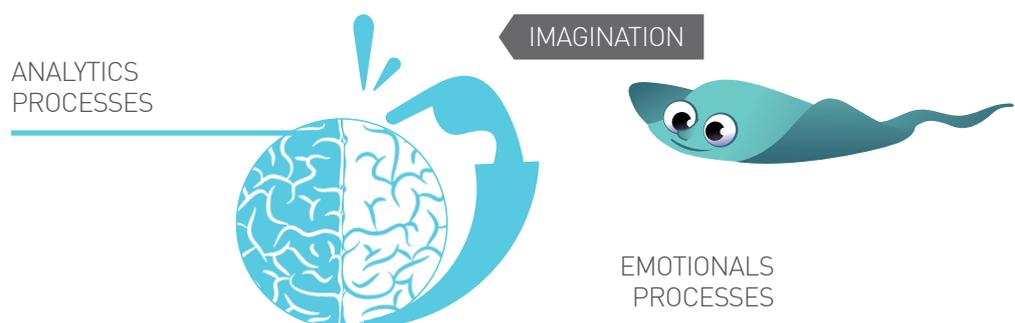
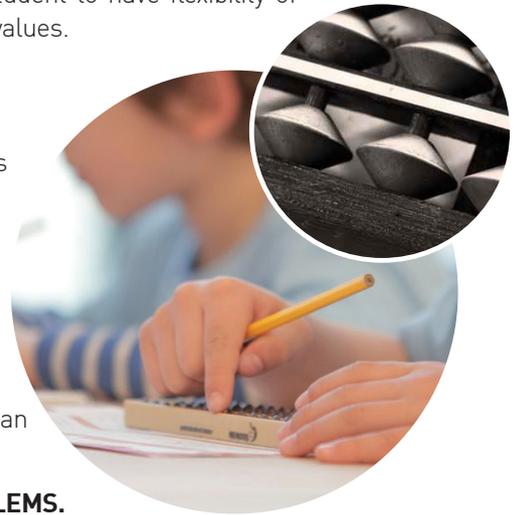
→ **MATURITY AND INTEGRITY IN THE SOCIAL AND ACADEMIC ENVIRONMENT.** Showing respect for the culture, opinions and values of others and feeling assured and comfortable with their own. To learn from mistakes, to take responsibility for their actions and to accept criticism and comments from others.

→ **RESPONSIBILITY FOR THEIR DEVELOPMENT AND LEARNING BY SETTING GOALS AND PRIORITIES AS WELL AS PLANNING CAPACITY.** They take responsibility and assume their own personal and academic growth. They have desire for self-improvement and can discipline themselves, setting priorities and objectives.

→ **FLEXIBILITY AND CREATIVITY IN THE RESOLUTION OF PROBLEMS.**

They are able to use logic and to apply consistent lateral and creative thinking. They feel able and self-confident, which motivates them to assume challenges.

The human brain has a great potential for development. Depending on how we use it, along with the experiences that we should live and how we understand them, it will become specialised and display different responses and thought patterns. Physically, it is the union of two hemispheres connected by a band of fibres called the corpus callosum, which transmit a continuous dialogue between them. Each half of the brain has its own strengths and weaknesses, its own ways of processing information and its own abilities. In the right hemisphere, the processes found here are more emotional and work globally. The left hemisphere is more analytical and is ready for detailed work and concentration. It is important that these two hemispheres work together and "in good connection" to generate a high brain performance and avoid stress.



For many years and due to the nature of our education system we have prioritized our left hemisphere. Formal education gives priority to the left hemisphere, verbal and logical, but not to the imagination, emotions and intuition which are typical of the right hemisphere. However, several studies have shown that people with a dominant right hemisphere, study, think, remember and learn visually, as if it were a movie without sound. These people are very creative and have a highly developed imagination.



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Einstein used to say **“Imagination is more important than knowledge”**. By studying his brain, it was noticed that the hardware was similar to everyone else, but the corpus callosum that connects the hemispheres was very busy, i.e. the two hemispheres were “very well connected” and worked together thus ensuring a high performance. His achievement was to leave the rational pole red ocean where there is no place for discovery..



Bernard Shaw wrote: **“The reasonable man adapts to the world and the unreasonable person adapts the world to him/her”**. An idea is born interrupting the logical circuit, so the right hemisphere takes advantage when the dominant left sleeps, as in a dream. Then the power of custom prevails. To sail the ocean blue you have to train your brain.

We promote talent

INTELLIGENCE is defined as an encompassing term which describes a property of mind, which is related to skills such as thinking capabilities, abstract, understanding, communication, reasoning, learning, planning and troubleshooting.

Talent is “the outstanding qualifications or skills of a group” to successfully perform a determined task, which can be considered as human potential..

Talent is a manifestation of intelligence. It is in the way that a person has a number of skills that can become more developed based on several variables that can be found within their performance. Talent may be inherited or acquired through learning.

In Nenoos we provide the necessary tools to develop skills and enhance acquired talent. Ability is generated through the development and evolution of our aptitude skills, contributing greatly to general school studies success, and maximizing the possibility of future successes. We do it in a fun and educational way.

